

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
			<p>10:00am Chair Exercise (AC) 1</p> <p>2:00pm Bingo Mania (AC)</p> <p>2:00pm Scrabble (GR)</p> <p>3:15pm Texas Hold'em (FR)</p> <p>3:15pm Worship and the Word with Scott (AC)</p> <p>3:15pm Yoga Class with Jeanne Civiello (CR)</p> <p>New Year's Day</p>	<p>10:00am Strength Training - resistance bans (AC) 2</p> <p>10:30am Manicures with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>1:00pm Crochet/knitting Group (GB)</p> <p>1:00pm Card Game Hearts (FR)</p> <p>2:00pm Bible Study (AC)</p> <p>3:00pm Poker (FR)</p>	<p>10:00am Video Chair Exercise (AC) 3</p> <p>10:30am Luci's Kitchen: Flavors of Armenia (GB)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>1:00pm Aviator Club Model Flyers (AL)</p> <p>2:00pm Fitness with Alex (FC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Armenian Coffee with Lifestyles (GB)</p>	<p>10:00am Video Chair Exercise (AC) 4</p> <p>10:00am Mahjong (GR)</p> <p>10:30am Teatime with the Silver Foxes (GB)</p> <p>1:00pm Dice Game Farkle (AC)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>2:30pm Elvis Presley Tribute (AACL)</p>
<p>10:00am Streaming Catholic Mass: Join Us Online (AC) 5</p> <p>10:30am Coffee and Current Events w Christian (S)</p> <p>1:45pm First Armenian Presb. Church Service (CH)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Chair Yoga (CR)</p> <p>3:30pm Technology Hour (FR)</p> <p>4:00pm Complimentary popcorn (MT)</p>	<p>10:00am Chair Exercise with Lifestyles (AC) 6</p> <p>2:00pm Bingo Mania (AC)</p> <p>2:00pm Dominos (GR)</p> <p>3:15pm Aviator Club Model Builders (AC)</p> <p>3:30pm Building Hot Air Balloons (AC)</p> <p>4:00pm Pre-dinner Hymns with Jan and Velora (FL)</p> <p>4:00pm Billiard's Hour (L9)</p>	<p>9:30am Video Chair Exercise (AC) 7</p> <p>10:00am Independent Living Resident Council Meeting (CR)</p> <p>10:30am Art with Donna (AC)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>1:00pm Kings Corner (AC)</p> <p>1:30pm Pinochle (GR)</p> <p>3:00pm BlackJack21 (FR)</p> <p>6:30pm Loteria: Mexican Bingo (AC)</p>	<p>10:00am Chair Exercise (AC) 8</p> <p>11:00am Aroma Therapy with Ren (MT)</p> <p>1:00pm Depart to Vons/Dollar Tree (FL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>2:00pm Scrabble (GR)</p> <p>3:15pm Texas Hold'em (FR)</p> <p>3:15pm Worship and the Word with Scott (AC)</p> <p>3:15pm Yoga Class with Jeanne Civiello (CR)</p> <p>7:15pm Live Entertainment w/Jess Montelongo (FR)</p>	<p>10:00am Strength Training - resistance bans (AC) 9</p> <p>10:30am Manicures with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>1:00pm Crochet/knitting Group (GB)</p> <p>1:00pm Card Game Hearts (FR)</p> <p>2:00pm Bible Study (AC)</p> <p>3:00pm Poker (FR)</p>	<p>10:00am Chair Exercise (AC) 10</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>1:00pm Aviator Club Model Flyers (AL)</p> <p>2:00pm Fitness with Alex (FC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Armenian Coffee with Lifestyles (GB)</p>	<p>10:00am Chair Exercise with Lifestyles (AC) 11</p> <p>10:00am Mahjong (GR)</p> <p>1:00pm Dice Game Farkle (AC)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Bunco (AC)</p>
<p>10:00am Streaming Catholic Mass: Join Us Online (AC) 12</p> <p>10:30am Coffee and Current Events w Christian (S)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Chair Yoga (CR)</p> <p>3:30pm Technology Hour (FR)</p> <p>4:00pm Complimentary popcorn (MT)</p>	<p>10:00am Chair Exercise with Lifestyles (AC) 13</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Aviator Club Model Builders (AC)</p> <p>3:30pm Building Hot Air Balloons pt.2 (AC)</p> <p>4:00pm Pre-dinner Hymns with Jan and Velora (FL)</p> <p>4:00pm Billiard's Hour (L9)</p>	<p>9:30am Video Chair Exercise (AC) 14</p> <p>10:00am Special Guest Speaker Dr. Barlow speaks on the Armenian American Story (AACL)</p> <p>10:30am Art with Donna (AC)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>1:00pm Kings Corner (AC)</p> <p>1:30pm Pinochle (GR)</p> <p>3:00pm BlackJack21 (FR)</p> <p>6:30pm Loteria: Mexican Bingo (AC)</p>	<p>10:00am Chair Exercise (AC) 15</p> <p>11:00am Aroma Therapy with Ren (MT)</p> <p>1:00pm Depart to Target (FL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>2:00pm Scrabble (GR)</p> <p>3:15pm Texas Hold'em (FR)</p> <p>3:15pm Worship and the Word with Scott (AC)</p> <p>3:15pm Yoga Class with Jeanne Civiello (CR)</p> <p>7:15pm Live Entertainment w/Matthew Malcolm (FR)</p>	<p>10:00am Strength Training - resistance bans (AC) 16</p> <p>10:30am Manicures with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>1:00pm Crochet/knitting Group (GB)</p> <p>1:00pm Card Game Hearts (FR)</p> <p>2:00pm Bible Study (AC)</p> <p>3:00pm Poker (FR)</p> <p>7:15pm Line Dancing with the Walkers (CR)</p>	<p>10:00am Chair Exercise (AC) 17</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>1:00pm Aviator Club Model Flyers (AL)</p> <p>1:00pm Depart to Sierra Vista Movie Theater - Screening "An American in Paris" (FL)</p> <p>2:00pm Fitness with Alex (FC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Armenian Coffee with Lifestyles (GB)</p>	<p>10:00am Chair Exercise with Lifestyles (AC) 18</p> <p>10:00am Mahjong (GR)</p> <p>1:00pm Dice Game Farkle (AC)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Bunco (AC)</p>
<p>10:00am Streaming Catholic Mass: Join Us Online (AC) 19</p> <p>10:30am Coffee and Current Events w Christian (S)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Chair Yoga (CR)</p> <p>3:30pm Pop, Fizz & Flavor: The Ultimate Popcorn Bar! (FL)</p> <p>Activity Professionals Week</p>	<p>10:00am Chair Exercise with Lifestyles (AC) 20</p> <p>10:30am Art with Donna (AC)</p> <p>2:00pm MLK Legacy Mural Art Display and Live Music (AACL)</p> <p>2:00pm Dominos (GR)</p> <p>3:15pm Aviator Club Model Builders (AC)</p> <p>4:00pm Pre-dinner Hymns with Jan and Velora (FL)</p> <p>4:00pm Billiard's Hour (L9)</p> <p>Martin Luther King Jr. Day</p>	<p>9:30am Chair Exercise (AC) 21</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:00am Independent Living Resident Forum (AACL)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>1:00pm Kings Corner (AC)</p> <p>1:30pm Pinochle (GR)</p> <p>2:00pm Assisted Living Resident Forum (AC)</p> <p>3:00pm BlackJack21 (FR)</p> <p>6:30pm Loteria: Mexican Bingo (AC)</p>	<p>10:00am Chair Exercise (AC) 22</p> <p>10:00am Dining & Lifestyles Forum (CR)</p> <p>11:00am Aroma Therapy with Ren (MT)</p> <p>1:00pm Depart to Save Mart (FL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>2:00pm Scrabble (GR)</p> <p>3:15pm Texas Hold'em (FR)</p> <p>3:15pm Worship and the Word with Scott (AC)</p> <p>3:15pm Yoga Class with Jeanne Civiello (CR)</p> <p>7:15pm Live Entertainment w/AI</p>	<p>10:00am Strength Training - resistance bans (AC) 23</p> <p>10:30am Manicures with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>1:00pm Crochet/knitting Group (GB)</p> <p>1:00pm Card Game Hearts (FR)</p> <p>2:00pm Bible Study (AC)</p> <p>3:00pm Poker (FR)</p>	<p>10:00am Chair Exercise (AC) 24</p> <p>10:00am Depart to Facelagic Essential Skin care & Spa (FL)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>1:00pm Aviator Club Model Flyers (AL)</p> <p>2:00pm Fitness with Alex (FC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Armenian Coffee with Lifestyles (GB)</p>	<p>10:00am Chair Exercise with Lifestyles (AC) 25</p> <p>10:00am Mahjong (GR)</p> <p>1:00pm Dice Game Farkle (AC)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Bunco (AC)</p>
<p>10:00am Streaming Catholic Mass: Join Us Online (AC) 26</p> <p>10:30am Coffee and Current Events w Christian (S)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Chair Yoga (CR)</p> <p>3:30pm Technology Hour (FR)</p> <p>4:00pm Complimentary popcorn (MT)</p> <p>Australia Day (Observed)</p>	<p>10:00am Chair Exercise with Lifestyles (AC) 27</p> <p>2:00pm Bingo Mania (AC)</p> <p>2:00pm Dominos (GR)</p> <p>3:15pm Aviator Club Model Builders (AC)</p> <p>4:00pm Pre-dinner Hymns with Jan and Velora (FL)</p> <p>4:00pm Billiard's Hour (L9)</p>	<p>10:00am Chair Exercise (AC) 28</p> <p>10:30am Art with Donna (AC)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>1:00pm Kings Corner (AC)</p> <p>1:30pm Pinochle (GR)</p> <p>3:00pm BlackJack21 (FR)</p> <p>6:30pm Loteria: Mexican Bingo (AC)</p>	<p>10:00am Chair Exercise (AC) 29</p> <p>11:00am Aroma Therapy with Ren (MT)</p> <p>1:00pm Depart to Whole Foods (FL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>2:00pm Scrabble (GR)</p> <p>3:15pm Texas Hold'em (FR)</p> <p>3:15pm Worship and the Word with Scott (AC)</p> <p>3:15pm Yoga Class with Jeanne Civiello (CR)</p> <p>7:15pm Live Entertainment w/Michael Nagy (FR)</p> <p>Chinese New Year (Year of the Snake)</p>	<p>10:00am Strength Training - resistance bans (AC) 30</p> <p>10:30am Manicures with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>1:00pm Crochet/knitting Group (GB)</p> <p>1:00pm Card Game Hearts (FR)</p> <p>2:00pm Bible Study (AC)</p> <p>3:00pm Poker (FR)</p>	<p>10:00am Chair Exercise (AC) 31</p> <p>1:00pm Aviator Club Model Flyers (AL)</p> <p>2:00pm Fitness with Alex (FC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Armenian Coffee with Lifestyles (GB)</p> <p>7:30pm Karaoke Night with Lifestyles (FR)</p>	

All activities are subject to change without notice. BOLD indicates Lifestyles Lead Activities. Highlighted indicates Outings and Special Programming.