

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

*The Vineyards* | CALIFORNIA ARMENIAN HOME  
**January 2025**  
**CENTER FOR COGNITIVE EXCELLENCE**

<p>9:00am Brew &amp; News 10:00am Chair Stretches 11:00am Find the Difference 1:15pm Table Bowling 2:00pm New Years Day Trivia 3:00pm Movie Matinee: After the Thin Man</p> <p><i>Happy Birthday Bret D!</i> New Year's Day</p>	<p>9:00am Bingo &amp; Brew 10:00am Ribbon Dance 11:00am Sudoku 1:15pm Card Games 2:00pm Table Tennis 3:00pm Pictionary</p>	<p>9:00am Morning Stretches 10:00am Stickman Word Game 11:00am Tover time: Soccer 1:15pm Chicken Soup 2:00pm Drum Circle 3:00pm Fun Friday Facts &amp; Trivia</p>	<p>9:15am Brew &amp; News 10:00am Elvis PB&amp; Banana build your own sandwich Social 11:00am Sit &amp; Stretch <b>2:00pm Elvis Presley Tribute in the AACL Hall</b> 3:00pm Giant Jenga</p>			
<p>9:00am Feel good Sunday Inspirational readings <b>9:30am St. Helens Church</b> 10:00am Table game- Bunco <b>1:15pm FAPC church service in the chapel</b> 2:30pm Hot Cocoa Social 3:30pm Ladder Toss in the courtyard</p>	<p>9:00am Chair Dancing 10:00am Card bingo 11:00am Manis &amp; Music 1:15pm Reminisce 2:00pm Drum Circle 3:00pm Pictionary</p>	<p>9:00am Brew &amp; News 10:00am Aroma Therapy 11:00am Word games 1:15pm Master Match 2:00pm Ladder toss <b>3:00pm Worship &amp; The Word with Scott</b></p>	<p>9:00am Morning Stretch <b>10:30am Morning Melodies with Matthew Embry</b> 1:15pm Dart Ball 2:00pm Hand Massage 3:00pm Table Games: Dominos</p>	<p>9:00am Bingo &amp; Brew 10:00am Beading 11:00am Word games 1:15pm Clay modeling 2:00pm Afternoon Stroll 3:00pm Crafty Creations: Chinese lanterns</p>	<p>9:00am Chair Dancing 10:00am Color by Number 11:00am Hand massage 1:15pm Table Pong 2:00pm Dart ball 3:00pm Pictionary</p>	<p><b>9:15am Sing A Long</b> 10:00am Balloon Volleyball 11:00am Watercolor paintings 1:30pm Famous Phrases 2:30pm Recipe Review 3:00pm Movie of the Day: "Matilda" on Netflix</p>
<p>9:00am Brew &amp; News <b>9:45am Hymns &amp; Scriptures with Elma</b> 11:00am Push Ball 1:15pm Afternoon Stretch 2:00pm Finish the Lyrics 3:00pm National Hot Tea Day -Tea Party!</p>	<p>9:00am Table Pong 10:00am Pattern bingo 11:00am Move &amp; Groove 1:15pm Twister with a twist 2:00pm Balloon Volley 3:00pm Reading circle</p>	<p>9:00am Sounds of Nature 9:30am Bingo &amp; Brew 11:00am Arm stretches 1:15pm Make your own modeling clay 2:00pm Apple Cider Social <b>3:00pm Worship &amp; The Word with Scott</b></p>	<p>9:00am Brew &amp; News 10:00am Chair Stretches 11:00am Spot the Difference <b>1:15pm "National Hat Day" wear your favorite hat and take a group picture</b> <b>2:00pm Birthday Bash!</b> 3:00pm Table games: Checkers</p>	<p>9:00am Bingo &amp; Brew 10:00am Ribbon Dance 11:00am Sudoku 1:15pm Scrabble 2:00pm Table Tennis 3:00pm Hot Cocoa Social</p>	<p>9:00am Coffee Social 10:00am Tover time: Soccer <b>10:45am Tai Chi with Terri</b> 1:15pm Chicken Soup 2:00pm Drum Circle 3:00pm Around the World with Rick Steves (China) on you tube <i>Happy Birthday Genevieve D!</i></p>	<p>9:00am Chair Exercise 10:00am Name 5 10:45am Painting Mountains 1:30pm Soccer on Tover 2:30pm Jigsaw Puzzle 3:00pm Ladder Toss</p>
<p>9:00am Feel good Sunday Inspirational readings 10:00am MLK inspired Craft 2:30pm Hot Cocoa Social 3:30pm Ladder Toss in the courtyard</p> <p><i>Happy Birthday Gracie B &amp; Lillian K!</i></p> <p>Activity Professionals Week</p>	<p>9:00am Chair Dancing 10:00am Card bingo 11:00am Manis &amp; Music 1:15pm Reminisce <b>2:00pm MLK Legacy Mural Art display and live music in the AACL Hall</b> 3:00pm Drum Circle</p> <p>Martin Luther King Jr. Day</p>	<p>9:00am Brew &amp; News 10:00am Aroma Therapy <b>10:45am Music Therapy</b> 11:00am Word games 1:15pm Master Match 2:00pm Ladder toss <b>3:00pm Worship &amp; The Word with Scott</b></p>	<p>9:00am Morning Stretch <b>10:00am Bingo Mania!</b> 11:00am Name that Tune 1:15pm Dart Ball 2:00pm Hand Massage 3:00pm Table Games: Dominos</p>	<p>9:00am Bingo &amp; Brew 10:00am Beading 11:00am Word games 1:15pm Card Games: Match it 2:00pm Afternoon Stroll 3:00pm What's Cooking? - Spring Rolls</p>	<p>9:00am Chair Dancing 10:00am Table Pong 11:00am Color by Number 1:15pm Finish the Lyrics 2:00pm Drum Circle 3:00pm Pictionary</p> <p><i>Happy Birthday Jeffrey S!</i></p>	<p><b>9:15am Sing A Long</b> 10:00am Balloon Volleyball 11:00am Watercolor paintings 1:30pm Famous Phrases 2:30pm Recipe Review 3:00pm Movie of the Day: "Hamilton"</p>
<p>9:00am Brew &amp; News <b>9:45am Hymns &amp; Scriptures with Elma</b> 11:00am Push Ball 1:15pm Afternoon Stretch 2:00pm Finish the Lyrics 3:00pm Make your own popcorn treat mix</p> <p>Australia Day (Observed)</p>	<p>9:00am Table pong 10:00am Pattern bingo 11:00am Move &amp; Groove 1:15pm Twister with a twist 2:00pm Balloon Volley 3:00pm Reading circle</p>	<p>9:00am Sounds of Nature 9:30am Bingo &amp; Brew 11:00am Arm stretches 1:15pm Make your own modeling clay 2:00pm Hot Cider Social <b>3:00pm Worship &amp; The Word with Scott</b></p>	<p>9:00am Brew &amp; News 10:00am Chair Stretches 11:00am Spot the Difference 2:00pm Hot Cocoa Social 3:00pm Table games: Checkers</p> <p>Chinese New Year (Year of the Snake)</p>	<p>9:00am Bingo &amp; Brew <b>9:30am Scenic Drive to the Sierras</b> 10:00am Aroma Therapy 11:00am Word games 1:15pm Tactile Match 2:00pm Ladder toss 3:00pm Jigsaw Puzzle</p>	<p>9:00am Morning Stretches 10:00am Stickman Word Game 11:00am Tover time: gardening 1:15pm Chicken Soup 2:00pm Drum Circle <b>3:00pm "National Hot Chocolate Day" Hot Cocoa Bar</b></p>	

All activities are subject to change without notice. **Highlighted indicates outings and special programming.**