

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p>10:30am St. Helen's Catholic Service (AC)</p> <p>1:45am First Armenian Presbyterian Church Service (Chapel)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Bible Study with Cliff (AC)</p> <p>4:00pm Hallmark Movie Marathon (MT)</p>	<p>10:00am Chair Exercises with Lifestyles (AC)</p> <p>11:00am Multiple Sclerosis Support Group (GR)</p> <p>2:00pm Dominoes (GR)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Technology Hour – Daily Check in Demonstration (FR)</p> <p>4:00pm Pre-dinner Hymns with Jan And Velora (FL)</p>	<p>10:00am Video Chair Exercise (AC)</p> <p>10:00am Independent Living Resident Council Meeting (CR)</p> <p>10:30am Art with Donna (AC)</p> <p>11:00am Chess (FR)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>1:00pm Kings Corner (AC)</p> <p>1:15 Scrabble (GR)</p> <p>2:30pm Keynote Speaker Dr. Bredeesen – Approaches to Prevent Dementia (AACL)</p> <p>3:30pm Blackjack 21 (FR)</p> <p>6:30pm Loteria: Mexican Bingo (AC)</p>	<p>10:00am Chair Exercise (AC)</p> <p>10:30am Manicures with Lifestyles (AC)</p> <p>11:00am Aroma Meditation with Ren (MT)</p> <p>1:00pm Depart to Vallarta (FL)</p> <p>1:00pm Line Dancing Class (CR)</p> <p>2:00pm Bingo Mania (AC)</p> <p>2:00pm Scrabble (GR)</p> <p>3:15pm Worship and the Word with Scott (AC)</p> <p>7:15pm Italian Night with Rick Del Carlo</p>	<p>10:00am Chair Exercise with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>10:30am Crafting with Rosie (AC)</p> <p>1:00pm Card Game Hearts (FR)</p> <p>2:00pm Bible Study (AC)</p> <p>3:00pm Poker (FR)</p> <p>4:00pm Complementary Movie Theater Popcorn (MT)</p>	<p>10:00am Video Chair Exercise (AC)</p> <p>10:30am Teatime with the Silver Foxes (GB)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>2:00pm Fitness with Alex (FC)</p> <p>3:30pm Armenian Coffee with George (GB)</p> <p>6:30pm Bunco (AC)</p> <p style="text-align: center;">Groundhog Day</p>	<p>10:00am Chair Exercise with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>10:30am Sport's Talk (GB)</p> <p>1:00pm Dice Game: Farkle (AC)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Bunco (AC)</p> <p style="text-align: center;">Chinese New Year (Year of the Dragon)</p>
<p>10:30am St. Helen's Catholic Service (AC)</p> <p>1:00pm Bingo Mania (AC)</p> <p>2:00pm Sharing Heritage – Chinese New Year (Arbor)</p> <p>3:15pm Bible Study with Cliff (AC)</p> <p>3:30pm Super Bowl Party (AACL)</p>	<p>10:00am Chair Exercises with Lifestyles (AC)</p> <p>2:00pm Dominoes (GR)</p> <p>1:00pm Line Dancing Class (CR)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Technology Hour – Daily Check in Demonstration (FR)</p> <p>4:00pm Pre-dinner Hymns with Jan And Velora (FL)</p>	<p>10:00am Video Chair Exercise (AC)</p> <p>10:30am Art with Donna (AC)</p> <p>11:00am Chess (FR)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>1:00pm Kings Corner (AC)</p> <p>1:15 Scrabble (GR)</p> <p>2:00pm Mardi Gras Celebration (AACL)</p> <p>3:00pm Blackjack 21 (FR)</p> <p>6:30pm Loteria: Mexican Bingo (AC)</p> <p style="text-align: center;">Mardi Gras</p>	<p>10:00am Chair Exercise with Lifestyles (AC)</p> <p>10:30am Manicures with Lifestyles (AC)</p> <p>1:00pm Ash Wednesday Service (Chapel)</p> <p>2:00pm Bingo Mania (AC)</p> <p>2:00pm Scrabble (GR)</p> <p>3:15pm Worship and the Word with Scott (AC)</p> <p>7:15pm Sweetheart's Dance with Diamonds After Dark (AACL)</p> <p style="text-align: center;">Valentine's Day</p>	<p>10:00am Chair Exercise with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>1:00pm Card Game Hearts (FR)</p> <p>2:00pm Bible Study (AC)</p> <p>3:00pm Poker (FR)</p> <p>4:00pm Complementary Movie Theater Popcorn (MT)</p>	<p>10:00am Video Chair Exercise (AC)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>1:00pm Vineyard's Aviators Club (AL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>2:00pm Fitness with Alex (FC)</p> <p>3:30pm Armenian Coffee with George (GB)</p> <p>6:30pm Introduction to Poker (FR)</p>	<p>10:00am Chair Exercise with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>10:30am Dice Game: Farkle (AC)</p> <p>1:00pm Depart to Raphio Chocolate Tour</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Girl Scouts Cookie Sales (FL)</p>
<p>10:30am St. Helen's Catholic Service (AC)</p> <p>10:00am Coffee with Resident Councilmember Jim (FR)</p> <p>2:00pm Bingo Mania (AC)</p> <p>1:30pm Church Service with Clovis Community Church (CH)</p> <p>3:15pm Bible Study with Cliff (AC)</p> <p>4:00pm Hallmark Movie Marathon (MT)</p> <p>6:00pm Entertainment with Rhonda (FR)</p>	<p>10:00am Chair Exercises with Lifestyles (AC)</p> <p>2:00pm Dominoes (GR)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Technology Hour – Daily Check in Demonstration (FR)</p> <p>4:00pm Pre-dinner Hymns with Jan And Velora (FL)</p> <p style="text-align: center;">Presidents' Day</p>	<p>9:30am Video Chair Exercise (AC)</p> <p>10:00am Independent Living Resident Forum (AACL)</p> <p>10:30am Art with Donna (AC)</p> <p>11:00am Chess (FR)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>1:00pm Kings Corner (AC)</p> <p>1:15 Scrabble (GR)</p> <p>2:00pm Assisted Living Resident Living Forum (AC)</p> <p>3:00pm Blackjack 21 (FR)</p> <p>6:30pm Loteria: Mexican Bingo (AC)</p>	<p>9:00am Depart to Fresno Athletic Hall of Fame</p> <p>9:30am Chair Exercise with Lifestyles (AC)</p> <p>10:00am Dining and Lifestyles Forum (CR)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Worship and the Word with Scott (AC)</p> <p>7:15pm Happy Hour with Matthew Malcolm</p>	<p>10:00am Chair Exercise with Lifestyles (AC)</p> <p>10:30am Manicures with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>1:00pm Card Game Hearts (FR)</p> <p>2:00pm Bible Study (AC)</p> <p>3:00pm Poker (FR)</p> <p>4:00pm Complementary Movie Theater Popcorn (MT)</p>	<p>10:00am Video Chair Exercise (AC)</p> <p>10:30am Tai Chi with Instructor Terri (CR)</p> <p>12:00pm Depart to AJ's Restaurant</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>2:00pm Fitness with Alex (FC)</p> <p>3:30pm Armenian Coffee with George (GB)</p> <p>6:30pm Bunco (AC)</p> <p>7:15pm Karaoke Night (FR)</p>	<p>10:00am Chair Exercise with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>10:30am Dice Game: Farkle (AC)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Bunco (AC)</p>
<p>10:30am St. Helen's Catholic Service (AC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Bible Study with Cliff (AC)</p> <p>4:00pm Hallmark Movie Marathon (MT)</p>	<p>10:00am Chair Exercises with Lifestyles (AC)</p> <p>2:00pm Dominoes (GR)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Technology Hour (FR)</p> <p>4:00pm Pre-dinner Hymns with Jan And Velora (FL)</p>	<p>10:00am Video Chair Exercise (AC)</p> <p>10:30am Art with Donna (AC)</p> <p>11:00am Chess (FR)</p> <p>1:00pm Intermediate Bridge (PL)</p> <p>1:00pm Kings Corner (AC)</p> <p>1:15 Scrabble (GR)</p> <p>2:00pm Financial Workshop (CR)</p> <p>3:00pm Blackjack 21 (FR)</p> <p>6:30pm Loteria: Mexican Bingo (AC)</p>	<p>10:00am Chair Exercise with Lifestyles (AC)</p> <p>10:30am Manicures with Lifestyles (AC)</p> <p>11:00am Aroma Meditation with Ren (MT)</p> <p>1:00pm Depart to Food Maxx (FL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>2:00pm Scrabble (GR)</p> <p>3:15pm Worship and the Word with Scott (AC)</p> <p>7:15pm Happy Hour Raizin Cane Duo (FR)</p>	<p>10:00am Chair Exercise with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>10:30am Crafting with Rosie (AC)</p> <p>1:00pm Card Game Hearts (FR)</p> <p>2:00pm Bible Study (AC)</p> <p>3:00pm Poker (FR)</p> <p>4:00pm Complementary Movie Theater Popcorn (MT),</p>		

All activities are subject to change without notice. **BOLD** indicates Lifestyles Lead Activities. **Highlighted** indicates Outings and Special Programming.

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