
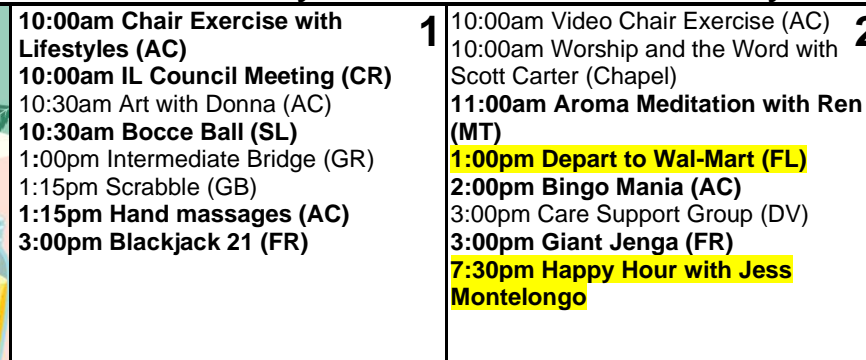



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>10:00am Chair Exercise with Lifestyles (AC) 1</p> <p>10:00am IL Council Meeting (CR)</p> <p>10:30am Art with Donna (AC)</p> <p>10:30am Bocce Ball (SL)</p> <p>1:00pm Intermediate Bridge (GR)</p> <p>1:15pm Scrabble (GB)</p> <p>1:15pm Hand massages (AC)</p> <p>3:00pm Blackjack 21 (FR)</p>	<p>10:00am Video Chair Exercise (AC) 2</p> <p>10:00am Worship and the Word with Scott Carter (Chapel)</p> <p>11:00am Aroma Meditation with Ren (MT)</p> <p>1:00pm Depart to Wal-Mart (FL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:00pm Care Support Group (DV)</p> <p>3:00pm Giant Jenga (FR)</p> <p>7:30pm Happy Hour with Jess Montelongo</p>	<p>10:00am Chair Exercise with Lifestyles (AC) 3</p> <p>10:00am Mahjong (GR)</p> <p>10:30am Manicures with Lifestyles (AC)</p> <p>1:00 Nintendo Wii (AC)</p> <p>2:00pm Bible Study (AC)</p> <p>2:00pm Beginner Billiards with Lifestyles (L9)</p> <p>3:00pm Poker (FR)</p>	<p>10:00am Video Chair Exercise (AC) 4</p> <p>10:30am Teatime with the Silver Foxes (GB)</p> <p>1:00pm Intermediate Bridge (GR)</p> <p>2:00 Fitness with Alex (FC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Armenian Coffee with George (GB)</p> <p>4:00pm Popcorn Friday (MT)</p>	<p>9:30am Putting on the Green (SL) 5</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:00am Mahjong (GR)</p> <p>1:00pm Intermediate Bridge (GR)</p> <p>1:00pm Dice Game: Farkle (AC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Bunco (CR)</p>
<p>10:30am Worship Service on You Tube (AC) 6</p> <p>10:30am St. Paul's Armenian Church Blessing of the Grapes</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Bible Study with Bernie and Lynn (AC)</p> <p>3:30pm Giant Jenga (FR)</p> <p>4:00pm Sunday Matinee</p>	<p>10:00am Video Chair Exercise (AC) 7</p> <p>10:15am Chess (FR)</p> <p>11:00am M.S. Support Group (GR)</p> <p>2:00pm Bingo Mania (AC)</p> <p>4:00pm Pre-dinner Hymns with Jan/Velora (FL)</p>	<p>10:00am Chair Exercise with Lifestyles (AC) 8</p> <p>10:00am St. Gregory's (Chapel)</p> <p>10:30am Art with Donna (AC)</p> <p>10:30am Bocce Ball (SL)</p> <p>1:00pm Intermediate Bridge (GR)</p> <p>1:15pm Scrabble (GB)</p> <p>1:15pm Charades (FR)</p> <p>2:00pm Karaoke Showdown (FR)</p> <p>3:00pm Blackjack 21 (FR)</p>	<p>10:00am Video Chair Exercise (AC) 9</p> <p>10:00am Worship and the Word with Scott Carter (CH)</p> <p>10:00am Dining & Lifestyles Forum (CR)</p> <p>11:00am Aroma Meditation with Ren (MT)</p> <p>1:00pm Depart to Vallarta (FL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:00pm Care Support Group (DV)</p> <p>3:30pm Documentary (FR)</p> <p>7:30pm Happy Hour with Matthew Malcolm</p>	<p>10:00am Chair Exercise with Lifestyles (AC) 10</p> <p>10:00am Mahjong (GR)</p> <p>10:30am Manicures with Lifestyles (AC)</p> <p>1:00 Nintendo Wii (AC)</p> <p>2:00pm Bible Study (AC)</p> <p>2:00pm Beginner Billiards with Lifestyles (L9)</p> <p>3:00pm Poker (FR)</p>	<p>10:00am Video Chair Exercise (AC) 11</p> <p>1:00pm Intermediate Bridge (GR)</p> <p>1:00pm Depart to Tah Deeg Restaurant (FL)</p> <p>2:00 Fitness with Alex (FC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Armenian Coffee with George (GB)</p> <p>4:00pm Popcorn Friday (MT)</p> <p>4:00pm Billiards Hour with Michael T.</p>	<p>9:30am Bocce Ball (SL) 12</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:00am Mahjong (GR)</p> <p>1:00pm Intermediate Bridge (GR)</p> <p>1:00pm Dice Game: Farkle (AC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Bunco (CR)</p> <p>6:00pm Safari Under Moonlight</p>
<p>10:30am Worship Service on You Tube (AC) 13</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Bible Study with Bernie and Lynn (AC)</p> <p>3:30pm Giant Jenga (FR)</p> <p>4:00pm Sunday Matinee</p> <p>6:00pm Courtyard Concert Matthew Embry (C)</p>	<p>10:00am Video Chair Exercise (AC) 14</p> <p>10:15am Technology basics with Lifestyles (FR)</p> <p>11:00am Chess (FR)</p> <p>11:00am M.S. Support Group (GR)</p> <p>2:00pm Bingo Mania (AC)</p> <p>4:00pm Pre-dinner Hymns with Jan/elora</p>	<p>10:00am Chair Exercise with Lifestyles (AC) 15</p> <p>10:00am IL Residents Forum (AACL)</p> <p>1:00pm Intermediate Bridge (GR)</p> <p>1:00pm Art with Donna (AC)</p> <p>1:15pm Scrabble (GB)</p> <p>2:00pm AL Residents Forum (AC)</p> <p>3:00pm Blackjack 21 (FR)</p> <p>3:00pm Crafting with Lifestyles – Leather Bracelets (AC)</p>	<p>10:00am Video Chair Exercise (AC) 16</p> <p>10:00am Worship and the Word with Scott Carter (CH)</p> <p>11:00am Aroma Meditation with Ren (MT)</p> <p>1:00pm Depart to Trader Joes (FL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:00pm Care Support Group (DV)</p> <p>3:30pm Charades (FR)</p> <p>5:00pm Hala Kahiki Luau at the Pavilion</p>	<p>10:00am Chair Exercise with Lifestyles (AC) 17</p> <p>10:00am Mahjong (GR)</p> <p>10:30am Manicures with Lifestyles (AC)</p> <p>1:00 Nintendo Wii (AC)</p> <p>2:00pm Bible Study (AC)</p> <p>2:00pm Beginner Billiards with Lifestyles (L9)</p> <p>3:00pm Poker (FR)</p>	<p>10:00am Video Chair Exercise (AC) 18</p> <p>10:30am Professional Portraits (C)</p> <p>1:00pm Intermediate Bridge (GR)</p> <p>2:00 Fitness with Alex (FC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Armenian Coffee with George (GB)</p> <p>4:00pm Popcorn Friday (MT)</p> <p>4:30pm Depart to Tachi Palace (FL)</p>	<p>9:30am Putting on the Green (SL) 19</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:00am Mahjong (GR)</p> <p>1:00pm Intermediate Bridge (GR)</p> <p>1:00pm Dice Game: Farkle (AC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Bunco (CR)</p>
<p>10:30am Worship Service on You Tube (AC) 20</p> <p>1:30pm Clovis Christian Church Service (CH)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Bible Study with Bernie and Lynn (AC)</p> <p>3:30pm Giant Jenga (FR)</p> <p>4:00pm Sunday Matinee</p>	<p>10:00am Video Chair Exercise (AC) 21</p> <p>10:30am Morning Zumba (CR)</p> <p>11:00am Chess (FR)</p> <p>11:00am M.S. Support Group (GR)</p> <p>2:00pm Ultimate Prize Bingo (AC)</p> <p>3:30pm Build it up with Scott – Making Birdhouses</p> <p>4:00pm Pre-dinner Hymns with Jan/elora</p> <p style="text-align: center;">Senior Citizen's Day!</p>	<p>10:00am Chair Exercise with Lifestyles (AC) 22</p> <p>10:30am Art with Donna (AC)</p> <p>10:30am Ladder Toss (SL)</p> <p>1:00pm Intermediate Bridge (GR)</p> <p>1:15pm Scrabble (GB)</p> <p>1:30pm Spa Massages and Relaxation (AC)</p> <p>3:00pm Blackjack 21 (FR)</p>	<p>10:00am Video Chair Exercise (AC) 23</p> <p>10:00am Worship and the Word with Scott Carter (CH)</p> <p>11:00am Aroma Meditation with Ren (MT)</p> <p>1:00pm Depart to Target (FL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:00pm Care Support Group (DV)</p> <p>3:30pm Giant Jenga (FR)</p> <p>7:30pm Movie in the Park (C)</p>	<p>10:00am Chair Exercise with Lifestyles (AC) 24</p> <p>10:00am Mahjong (GR)</p> <p>10:30am Manicures with Lifestyles (AC)</p> <p>1:00 Nintendo Wii (AC)</p> <p>2:00pm Bible Study (AC)</p> <p>2:00pm Beginner Billiards with Lifestyles (L9)</p> <p>3:00pm Poker (FR)</p>	<p>10:00am Video Chair Exercise (AC) 25</p> <p>10:30am Knit, Crochet or Embroidery (GB)</p> <p>1:00pm Intermediate Bridge (GR)</p> <p>2:00 Fitness with Alex (FC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Armenian Coffee with George (GB)</p> <p>4:00pm Popcorn Friday (MT)</p> <p>7:00pm Karaoke with Scott (FR)</p>	<p>9:30am Bocce Ball (SL) 26</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:00am Mahjong (GR)</p> <p>11:00am Depart to River Park – Fresno Street Eats (FL)</p> <p>1:00pm Intermediate Bridge (GR)</p> <p>1:00pm Dice Game: Farkle (AC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Bunco (CR)</p>
<p>10:30am Worship Service on You Tube (AC) 27</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Bible Study with Bernie and Lynn (AC)</p> <p>3:30pm Giant Jenga (FR)</p> <p>4:00pm Sunday Matinee</p> <p>6:00pm Courtyard Concert with JT & Sarah (C)</p>	<p>10:00am Video Chair Exercise (AC) 28</p> <p>10:15am Technology basics with Lifestyles (FR)</p> <p>11:00am Chess (FR)</p> <p>11:00am M.S. Support Group (GR)</p> <p>2:00pm Bingo Mania (AC)</p> <p>4:00pm Pre-dinner Hymns with Jan/elora</p>	<p>10:00am Chair Exercise with Lifestyles (AC) 29</p> <p>10:30am Art with Donna (AC)</p> <p>10:30am Bocce Ball (SL)</p> <p>1:00pm Intermediate Bridge (GR)</p> <p>1:15pm Scrabble (GB)</p> <p>1:15pm Rummikub (AC)</p> <p>2:00pm Blackjack 21 (FR)</p> <p>3:00pm NewWin 4 String Quartet (AACL)</p>	<p>10:00am Video Chair Exercise (AC) 30</p> <p>10:00am Worship and the Word with Scott Carter (CH)</p> <p>11:00am Aroma Meditation with Ren (MT)</p> <p>1:00pm Depart to Vons & Dollar Tree (FL)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:00pm Care Support Group (DV)</p> <p>3:30pm Charades (FR)</p> <p>7:30pm Happy Hour with Michael Nagy</p>	<p>8:00am Depart to Carmel Beach (FL) 31</p> <p>10:00am Chair Exercise with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>10:30am Manicures with Lifestyles (AC)</p> <p>1:00 Nintendo Wii (AC)</p> <p>2:00pm Bible Study (AC)</p> <p>2:00pm Beginner Billiards with Lifestyles (L9)</p> <p>3:00pm Poker (FR)</p>		

All activities are subject to change without notice. **BOLD** indicates Lifestyles Lead Activities. **Highlighted** indicates Outings and Special Programming.