

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>10:00am Video Chair Exercise</p> <p>11:00 M.S. Support Group (PD)</p> <p><b>11:00am Chess (FR)</b></p> <p>1:00pm Kileen's Vertical Garden (C)</p> <p>2:00pm Dominoes (GR)</p> <p><b>2:00pm Bingo Mania (AC)</b></p> <p>4:00pm Pre-dinner Hymn singing with Jan (FL)</p> <p>May Day</p>	<p>2</p> <p>9:30am Exercise Warm-up with Lifestyles (AC)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:30am Art with Donna (AC)</p> <p>1:00pm Spa Massages and Relaxation (AC)</p> <p>1:15pm Scrabble (GB)</p> <p>2:00pm Sip and Paint with Lifestyles (AC)</p> <p>3:00pm Blackjack 21 (FR)</p> <p><b>6:30pm Clovis Chorale (FLI)</b></p>	<p>3</p> <p>9:30am Coffee and Current Events with Lifestyles (AC)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:30am Meet Your Neighbor (AC)</p> <p>11:00am Aroma Meditation with Ren (FR)</p> <p><b>1:00pm Depart to Trader Joe's (FL)</b></p> <p>2:00pm Bingo Mania (AC)</p> <p>3:00pm Grief Support Group (DV)</p> <p><b>7:00pm Happy Hour with Jess Montelongo (FR)</b></p>	<p>4</p> <p>9:30am Exercise Warm-Up with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>1:00pm Bocce Ball in the Courtyard (C)</p> <p>2:00pm Bible Study (AC)</p> <p><b>2:00pm Salsa Contest in the Courtyard</b></p>	<p>5</p> <p>10:00am Video Chair Exercise (AC)</p> <p><b>10:00am Communion from Eucharistic Minister Father Arthur in the Front Lobby</b></p> <p>10:30am Embroidery, Knit, &amp; Crochet (GB)</p> <p>2:00pm Fitness with Alex (FC)</p> <p><b>2:00pm Cinco de Mayo Celebration on the Pergola</b></p> <p>Cinco de Mayo</p>	<p>6</p> <p>9:30am Exercise Warm-Up with Lifestyles (AC)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:00am Mahjong (GR)</p> <p>10:30am Wellness Walk (FL)</p> <p>1:00pm Dice Game: Farkle (AC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Bunco (CR)</p>
<p>7</p> <p>10:30am Worship Service (AC)</p> <p>1:00pm Bingo Mania (AC)</p> <p><b>2:15pm Depart to New Worlds Concert (FL)</b></p> <p>3:15pm Bible Service with Bernie and Lynn (AC)</p> <p>4:00pm Sunday Movie (MT)</p> <p><b>6:00pm Wander to the Courtyard for Music of the 40's and 50's</b></p>	<p>8</p> <p>10:00am Video Chair Exercise</p> <p>1:00 M.S. Support Group (PD)</p> <p><b>11:00am Chess (FR)</b></p> <p>2:00pm Dominoes (GR)</p> <p><b>2:00pm Bingo Mania (AC)</b></p> <p>4:00pm Pre-dinner Hymn singing with Jan (FL)</p>	<p>9</p> <p>9:30am Exercise Warm-up with Lifestyles (AC)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:30am Art with Donna (AC)</p> <p>1:00pm Spa Massages and Relaxation (AC)</p> <p>1:15pm Scrabble (GB)</p> <p><b>2:00pm National Moscato Day Taste and choose your favorite Moscato! (C)</b></p> <p>3:00pm Blackjack 21 (FR)</p>	<p>10</p> <p>9:30am Coffee and Current Events with Lifestyles (AC)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>11:00am Aroma Meditation with Ren (FR)</p> <p><b>1:00pm Depart to Save Mart (FL)</b></p> <p>2:00pm Bingo Mania (AC)</p> <p>3:00pm Grief Support Group (DV)</p> <p><b>4:00pm Ping Pong with Michael Tucci (C)</b></p> <p><b>7:00pm Happy Hour with Paddy Myers (FR)</b></p>	<p>11</p> <p>9:30am Exercise Warm-Up with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>1:00pm Crafting with Rosie (AC)</p> <p>2:00pm Bible Study (AC)</p> <p>3:00pm Poker (FR)</p> <p>4:00pm Trivia A-Z (AC)</p>	<p>12</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:00am Flower Arranging with Fran (GB)</p> <p><b>1:00pm Banking Outing (FL)</b></p> <p>2:00pm Fitness with Alex (FC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Armenian Coffee with George (GB)</p> <p><b>7:00pm Ambassadors-AACL Hall</b></p>	<p>13</p> <p>9:30am Exercise Warm-Up with Lifestyles (AC)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:00am Mahjong (GR)</p> <p>10:30am Wellness Walk (FL)</p> <p>1:00pm Dice Game: Farkle (AC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Bunco (CR)</p>
<p>14</p> <p>10:30am Worship Service (AC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Bible Service with Bernie and Lynn (AC)</p> <p>3:30pm Ladder toss in the Courtyard</p> <p>4:00pm Sunday Movie (MT)</p> <p>Mother's Day National Skilled Nursing Week</p>	<p>15</p> <p>10:00am Video Chair Exercise</p> <p>1:00am M.S. Support Group</p> <p><b>11:00am Chess (FR)</b></p> <p>2:00pm Dominoes (GR)</p> <p><b>2:00pm Bingo Mania (AC)</b></p> <p>4:00pm Pre-dinner Hymn singing with Jan (FL)</p>	<p>16</p> <p>9:30am Exercise Warm-up with Lifestyles (AC)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:30am Art with Donna (AC)</p> <p>1:00pm Spa Massages and Relaxation (AC)</p> <p>1:15pm Scrabble (GB)</p> <p>3:00pm Blackjack 21 (FR)</p>	<p>17</p> <p>9:30am Coffee and Current Events with Lifestyles (AC)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>11:00am Aroma Meditation with Ren (FR)</p> <p><b>1:00pm Depart to Food Maxx (FL)</b></p> <p>2:00pm Bingo Mania (AC)</p> <p>3:00pm Grief Support Group (DV)</p> <p><b>7:00pm Happy Hour with Diamonds in the Dark (FR)</b></p>	<p>18</p> <p>9:30am Exercise Warm-Up with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>1:00pm Bocce Ball in the Courtyard (C)</p> <p>2:00pm Bible Study (AC)</p> <p>3:00pm Poker (FR)</p> <p>4:00pm Trivia A-Z (AC)</p>	<p>19</p> <p><b>10:00am Communion from Eucharistic Minister Father Arthur in the Front Lobby</b></p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:30am Embroidery, Knit, &amp; Crochet (GB)</p> <p><b>11:30am Depart to George's (FL)</b></p> <p>2:00pm Fitness with Alex (FC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Armenian Coffee with George (GB)</p>	<p>20</p> <p>9:30am Exercise Warm-Up with Lifestyles (AC)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:00am Mahjong (GR)</p> <p>10:30am Wellness Walk (FL)</p> <p>1:00pm Dice Game: Farkle (AC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Bunco (CR)</p> <p>Armed Forces Day</p>
<p>21</p> <p>10:30am Worship Service (AC)</p> <p><b>1:30 Non-denominational Church Service (CH)</b></p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Bible Service with Bernie and Lynn (AC)</p> <p>3:30pm Ladder toss in the Courtyard</p> <p>4:00pm Sunday Movie (MT)</p>	<p>22</p> <p>10:00am Video Chair Exercise</p> <p>1:00am M.S. Support Group</p> <p><b>11:00am Chess (FR)</b></p> <p>2:00pm Dominoes (GR)</p> <p><b>2:00pm Bingo Mania (AC)</b></p> <p>4:00pm Pre-dinner Hymn singing with Jan (FL)</p> <p>Victoria Day (Canada)</p>	<p>23</p> <p>9:30am Exercise Warm-up with Lifestyles (AC)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:30am Art with Donna (AC)</p> <p>1:00pm Spa Massages and Relaxation (AC)</p> <p>1:15pm Scrabble (GB)</p> <p>2:00pm Manicures with Lifestyles (AC)</p> <p>3:00pm Blackjack 21 (FR)</p>	<p>24</p> <p>9:30am Coffee and Current Events with Lifestyles (AC)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>11:00am Aroma Meditation with Ren (FR)</p> <p><b>1:00pm Depart to Whole Foods (FL)</b></p> <p>2:00pm Bingo Mania (AC)</p> <p>3:00pm Grief Support Group (DV)</p> <p><b>7:00pm Happy Hour with Alpha Domingo (FR)</b></p>	<p>25</p> <p>9:30am Exercise Warm-Up with Lifestyles (AC)</p> <p>10:00am Mahjong (GR)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>1:00pm Crafting with Rosie (AC)</p> <p>2:00pm Bible Study (AC)</p> <p>3:00pm Poker (FR)</p> <p>4:00pm Trivia A-Z (AC)</p> <p>Shavuot Begins</p>	<p>26</p> <p>9:30am Exercise Warm-up with Lifestyles (AC)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:30am Teatime with Silver Foxes (GB)</p> <p>2:00pm Fitness with Alex (FC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Armenian Coffee with George (GB)</p> <p>4:00pm Billiards with Michael Tucci (L9)</p> <p><b>7:00pm Karaoke with Scott Carter (FR)</b></p>	<p>27</p> <p>9:30am Exercise Warm-Up with Lifestyles (AC)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:00am Mahjong (GR)</p> <p>10:30am Wellness Walk (FL)</p> <p>1:00pm Dice Game: Farkle (AC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:30pm Bunco (CR)</p>
<p>28</p> <p>10:30am Worship Service (AC)</p> <p>2:00pm Bingo Mania (AC)</p> <p>3:15pm Bible Service with Bernie and Lynn (AC)</p> <p>3:30pm Ladder toss in the Courtyard</p> <p>4:00pm Sunday Movie (MT)</p>	<p>29</p> <p>10:00am Video Chair Exercise</p> <p>1:00am M.S. Support Group</p> <p><b>11:00am Chess (FR)</b></p> <p>2:00pm Dominoes (GR)</p> <p><b>2:00pm Bingo Mania (AC)</b></p> <p>4:00pm Pre-dinner Hymn singing with Jan (FL)</p> <p>Memorial Day</p>	<p>30</p> <p>9:30am Exercise Warm-up with Lifestyles (AC)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>10:30am Art with Donna (AC)</p> <p>1:00pm Spa Massages and Relaxation (AC)</p> <p>1:15pm Scrabble (GB)</p> <p>2:00pm Sip and Paint with Lifestyles (AC)</p> <p>3:00pm Blackjack 21 (FR)</p>	<p>31</p> <p>9:30am Coffee and Current Events with Lifestyles (AC)</p> <p>10:00am Video Chair Exercise (AC)</p> <p>11:00am Aroma Meditation with Ren (FR)</p> <p><b>1:00pm Depart to Target (FL)</b></p> <p>2:00pm Bingo Mania (AC)</p> <p>3:00pm Grief Support Group (DV)</p> <p><b>7:00pm Happy Hour with Prince (FR)</b></p>	 <p>May 2023 Vineyards</p>		

All activities are subject to change without notice. **BOLD** indicates Lifestyles Lead Activities.

Highlighted indicates Outings and Special Programming.