

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:00am Morning Brew <b>9:30am Visit from Therapy Dog James</b> 10:30am Chair Exercises 1:30pm Manicure Monday 3:00pm Courtyard Social  May Day	<b>2</b> 9:00am Morning Brew 9:30am Courtyard Exercises 10:00am Bingo Madness 1:30pm Drumming Circle 2:00pm Creative Crafts 3:00pm Sensory Adventure	<b>3</b> 9:00am Morning Brew 9:30am Chair Exercises 10:00am Squirrel Feeding 11:00am Arm Travel 1:30pm Courtyard Gardening 3:00pm Matching Shapes	<b>4</b> 9:00am Morning Brew 9:30am Courtyard Exercises 10:00am Bingo Mania 11:00am Exercise Your Mind 1:30pm Cinco De Mayo Craft 3:00pm Sensory Adventure  National Day of Prayer	<b>5</b> 9:00am Morning Brew 9:30am Chair Zumba 10:00am Healthy Smoothies 11:00am Loteria Bingo <b>2:00pm Cinco De Mayo Celebration</b>  Cinco de Mayo	<b>6</b> 9:00am Morning Brew 9:30am Courtyard Exercises 10:00am Aroma Meditation 11:00am Music in Motion 1:00pm Water Painting 2:30pm Movie Matinee Popcorn & Drinks
<b>7</b> 9:30am Songs of Praise with Elma 1:00pm Charades 3:00pm A – Z Trivia	<b>8</b> 9:00am Morning Brew 9:30am Chair Exercises 10:00am Parachute 1:30pm Manicure Monday 3:00pm Tennis	<b>9</b> 9:00am Morning Brew 9:30am Chair Exercises <b>10:00am Pony Therapy</b> 11:00am Bingo Madness 1:30pm Bird Watching 2:30pm Mother's Day Portraits	<b>10</b> 9:00am Morning Brew 9:30am Chair Exercises 10:00am Wellness Walk 11:00am Balloon Volleyball 1:30pm Courtyard Gardening 3:00pm Magnets Match	<b>11</b> 9:00am Chair Exercise <b>10:00am Mother's Day Brew "Live Entertainment with Jesse Montelongo"</b> 1:30pm Exercise Your Mind 2:00pm Water Art 3:00pm Armenian Coffee with George	<b>12</b> <b>9:00am Departure to San Joaquin Hatchery</b> 10:00am Healthy Smoothies 10:30am Ribbon Dancing 1:30pm Sensory Adventure 3:00pm Water Splashes	<b>13</b> <b>9:00am Sing Along with Mr. Jackson</b> 10:00am Ribbon Dancing 11:00am Poetry Reading 1:00pm Tennis Time 2:30pm Movie Matinee with Ice Cream
<b>14</b> 9:30am Songs of Praise with Elma 1:00pm Mother's Day Craft 3:00pm Reminiscing – A Glance to the Past  Mother's Day National Skilled Nursing Week	<b>15</b> 9:00am Morning Brew 9:30am Chair Exercises 10:00am Balloon Volleyball 1:30pm Manicure Monday 3:00pm Courtyard Social	<b>16</b> 9:00am Morning Brew 9:30am Chair Exercises 10:00am Bingo Madness 1:30pm Drumming Circle 2:00pm Creative Art 3:00pm Sensory Adventure	<b>17</b> 9:00am Morning Brew 9:30am Chair Exercises 10:00am Bird Feeding 11:00am Arm Travel 1:30pm Courtyard Gardening 3:00pm Matching Shapes	<b>18</b> 9:00am Morning Brew 9:30am Chair Exercises 10:00am Bingo Mania 11:00 Exercise Your Mind 1:30pm Puzzle Time 2:00pm Finger Painting 3:00pm Armenian Coffee with George	<b>19</b> 9:00am Morning Brew 9:30am Chair Exercises 10:00am Sensory Adventure <b>12:00pm Picnic in the Courtyard Pizza Style</b> <b>2:00pm Entertainment with Rick Del Carlo</b> 3:00pm Hollywood Bingo	<b>20</b> 9:00am Morning Brew 9:30am Chair Exercises 10:00am Aroma Meditation <b>11:00am Altar Worship Center Children Ministry</b> 1:00pm Water Painting 2:30pm Movie Matinee with Popcorn & Drinks  Armed Forces Day
<b>21</b> 9:30am Songs of Praise with Elma 1:30pm Nondenominational Church service in the chapel 3:00pm Golf	<b>22</b> 9:00am Morning Brew 9:30am Chair Exercises 10:00am Poetry Reading 1:30pm Manicure Monday 3:00pm Parachute  Victoria Day (Canada)	<b>23</b> 9:00am Morning Brew 9:30am Chair Exercises 10:00am Bingo Madness 1:30pm Bird Watching 2:00pm Creative Crafts 3:00pm Sensory Adventure	<b>24</b> 9:00am Morning Brew 9:30am Chair Exercises 10:00am Wellness Walk 11:00am Balloon Volleyball 1:30pm Courtyard Gardening 3:00pm Magnets Match	<b>25</b> 9:00am Morning Brew 9:30am Chair Exercises 10:00am Bingo Mania 11:00am Exercise Your Mind 1:30pm Puzzle Time 2:00pm Water Painting 3:00pm Armenian Coffee with George  Shavuot Begins	<b>26</b> 9:00am Morning Brew 9:30am Chair Zumba 10:00am Healthy Smoothies 10:30am Chair Dancing 1:30pm Sensory Adventure 3:00pm Karaoke	<b>27</b> <b>9:00am Sing Along with Mr. Jackson</b> 10:00am Ribbon Dancing 11:00am Poetry Reading 1:00pm Golf 2:30pm Movie Matinee with Ice Cream.
<b>28</b> 9:30am Songs of Praise with Elma 1:00pm Ladder Toss 3:30pm Courtyard Crafting	<b>29</b> 9:00am Morning Brew 9:30am Chair Exercises 10:00am Memorial Day Craft 1:30pm Manicure Monday 3:00pm Courtyard Social  Memorial Day	<b>30</b> 9:00am Morning Brew 9:30am Chair Exercises 10:00am Bingo Madness 1:30pm Drumming Circle 2:00pm Creative Art 3:00pm Sensory Adventure	<b>31</b> 9:00am Morning Brew 9:30am Chair Exercises 10:00am Squirrel Feeding 11:00am Arm Travel 1:30pm Courtyard Gardening 2:00pm May Birthdays Celebration 3:30pm Music in Motion	 <h1 style="color: green;">May 2023</h1> <h2 style="color: black;">Memory Care</h2>		

All activities are subject to change without notice.