

Sunday

Monday

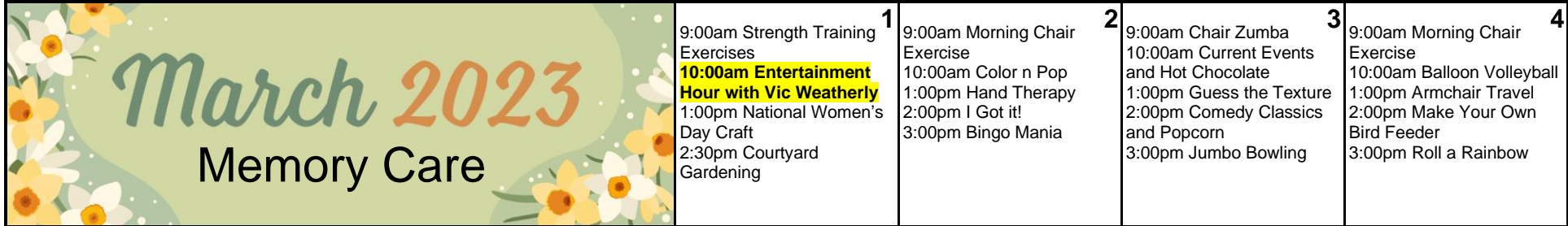
Tuesday

Wednesday

Thursday

Friday

Saturday



<p>9:00am Church Service on TV 10:00am Bird Watching 1:00pm Trivia 3:30pm Target Golf</p> <p>5</p>	<p>9:00am Sit and Stretch 10:00am Visitation with Therapy Dog James 1:00pm Monday Manicures 2:30pm Reminiscing Mondays</p> <p>6</p> <p>Purim Begins</p>	<p>9:00am Morning Chair Exercise 10:00am Bingo Mania 1:00pm Jazz and crafts in the courtyard 2:00pm Shamrock Cookie Decorating 3:30pm Ladder Toss</p> <p>7</p>	<p>9:00am Strength Training Exercises 10:00am Entertainment Hour with Vic Weatherly 1:00pm National Women's Day Craft 2:30pm Courtyard Gardening</p> <p>8</p>	<p>9:00am Morning Chair Exercise 10:00am Color n Pop 1:00pm Hand Therapy 2:00pm I Got it! 3:00pm Bingo Mania</p> <p>9</p>	<p>9:00am Chair Zumba 10:00am Current Events and Hot Chocolate 1:00pm Guess the Texture 2:00pm Comedy Classics and Popcorn 3:00pm Jumbo Bowling</p> <p>10</p>	<p>9:00am Morning Chair Exercise 10:00am Balloon Volleyball 1:00pm Armchair Travel 2:00pm Make Your Own Bird Feeder 3:00pm Roll a Rainbow</p> <p>11</p>
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<p>9:00am Church Service on TV 9:30am Gospel Hymns 1:00pm Make Your Own Rain Sticks 3:30pm Bean Bag Toss</p> <p>12</p> <p>Daylight Saving Time Begins</p>	<p>9:00am Sit and Stretch 10:00am Balloon Volleyball 1:00pm Monday Manicures 2:30pm Memory Match</p> <p>13</p>	<p>9:00am Morning Chair Exercise 10:00am Bingo Mania 1:00pm Finger Painting 2:30pm Music in Motion</p> <p>14</p>	<p>9:00am Strength Training Exercises 10:00am Poetry Slam 1:00pm Tie Dye Party 2:30pm Courtyard Gardening</p> <p>15</p>	<p>9:00am Morning Chair Exercise 9:30am Bird Watching 1:00pm Hand Therapy 3:00pm Bingo Mania</p> <p>16</p>	<p>9:00am Chair Zumba 10:00am St. Patrick's Day Green Smoothies 1:00pm Leprechaun Scavenger Hunt 2:00pm Popcorn and</p> <p>17</p> <p>St. Patrick's Day</p>	<p>9:00am Morning Chair Exercise 9:30am Balloon Volleyball 10:00am Armchair Travel 1:00pm Drumming Circle 2:00pm Bean Bag Toss 3:00pm Crochet</p> <p>18</p>
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<p>9:00am Church Service on TV 1:30pm Nondenominational Church Service in the Chapel 3:00pm Trivia</p> <p>19</p>	<p>9:00am Sit and Stretch 10:00am Color n Pop 1:00pm Monday Manicures 2:30pm Reminiscing Mondays</p> <p>20</p> <p>Spring Begins</p>	<p>9:00am Morning Chair Exercise 10:00am Bingo Mania 1:00pm Sculpting with Clay 2:30pm Drumming Circle 3:30pm Bean Bag Toss</p> <p>21</p>	<p>9:00am Strength Training Exercises 10:00am Parachute 1:00pm Tissue Paper Craft 2:30pm Courtyard Gardening</p> <p>22</p> <p>Ramadan Begins</p>	<p>9:00am Morning Chair Exercise 10:00am Get to Know your Neighbor 1:00pm Sensory Hour 3:00pm Bingo Mania</p> <p>23</p>	<p>9:00am Chair Zumba 9:30am Walk in the Park 1:00pm Crochet 2:00pm Karaoke Hour and popcorn</p> <p>24</p>	<p>9:00am Morning Chair Exercise 10:00am Aroma Meditation 1:00pm Ribbon Dance 2:00pm Bird House Painting 3:30pm I Got it!</p> <p>25</p>
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<p>9:00am Church Service on TV 9:30am Gospel Hymns 1:00pm Let's Puzzle! 3:30pm Poetry Slam</p> <p>26</p>	<p>9:00am Sit and Stretch 10:00am Balloon Volleyball 1:00pm Monday Manicures 2:30pm Crochet</p> <p>27</p>	<p>9:00am Morning Chair Exercise 10:00am Smooth Jazz with Jess Montelongo 1:00pm Finger Painting 2:30pm Picnic in the Park</p> <p>28</p>	<p>9:00am Strength Training Exercises 9:30am Teatime and Hats in the courtyard 10:30am Memory Match 1:00pm Finger Painting 2:30pm Courtyard Gardening</p> <p>29</p>	<p>9:00am Morning Chair Exercise 10:00am Courtyard Golf 1:00pm Hand Therapy 3:00pm Bingo Mania</p> <p>30</p>	<p>9:00am Chair Zumba 10:00am Tea and Current Events 1:00pm Charades 2:00pm Karaoke Hour and popcorn</p> <p>31</p>	
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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>5</p> <p>10:30am Worship Service on YouTube (AC) 2:00pm Bingo Mania (AC) 3:15pm Bible Service with Bernie and Lynn (AC)</p>	<p>6</p> <p>10:00am Video Chair Exercise (AC) 11:00am M.S. Support Group (PD) 11:00am Chess (FR) 2:00pm Dominos (GR) 2:00pm Bingo Mania (AC) 4:00pm Pre-dinner Hymn Singing (FL)</p> <p>Purim Begins</p>	<p>7</p> <p>9:30am Coffee and Poetry (AC) 10:00am Sit and Stretch (AC) 10:30am Art with Donna (AC) 1:00pm Poker 101 (FR) 2:00pm Mani & mimosas (AC) 3:00pm Blackjack 21 (FR)</p>	<p>8</p> <p>9:15pm Current Events & coffee (AC) 10:00am Video Chair Exercise (AC) 11:00am Aroma Meditation with Ren (FR) 2:00pm Bingo Mania (AC) 3:00pm Grief Support Group (DV) 3:30pm Get to know your Neighbor (AC) 7:00pm Entertainment Hour with Michael Nagy (FR)</p>	<p>9</p> <p>9:30am Relaxing Music (MT) 10:00am Mahjong (GR) 10:00am Strength Training Exercises (AC) 1:30pm Mani & Mimosas (AC) 2:00pm Bible Studies (AC) 3:00pm Poker (FR) 4:00pm Crossword Puzzles (AC)</p>	<p>10</p> <p>9:30am Relaxing Music (MT) 10:00am Mahjong (GR) 10:30am Embroidery Stritch (AC) 1:30pm Fitness with Alex (FC) 2:00pm Bingo Mania (AC) 3:30pm Armenian Coffee with George (GB) 4:00pm Travel with Rick Steve's (FR)</p>	<p>11</p> <p>9:30am Sensory (AC) 10:00am Video Chair Exercise (AC) 10:00am Mahjong (GR) 10:30am Wellness Walk (FL) 1:00pm 2:00pm Bingo Mania (AC) 4:00pm Bowling (FR)</p>
<p>12</p> <p>10:30am Worship Service on YouTube (AC) 2:00pm Bingo Mania (AC) 3:15pm Bible Service with Bernie and Lynn (AC)</p> <p>Daylight Saving Time Begins</p>	<p>13</p> <p>10:00am Video Chair Exercise (AC) 11:00am M.S. Support Group (PD) 11:00am Chess (FR) 2:00pm Dominos (GR) 2:00pm Bingo Mania (AC) 4:00pm Pre-dinner Hymn Singing (FL)</p>	<p>14</p> <p>9:30am Coffee and Poetry (AC) 10:00am Sit and Stretch (AC) 10:30am Art with Donna (AC) 1:00pm Poker 101 (FR) 2:00pm Mani & mimosas (AC) 3:00pm Blackjack 21 (FR)</p>	<p>15</p> <p>9:15pm Current Events & coffee (AC) 10:00am Video Chair Exercise (AC) 11:00am Aroma Meditation with Ren (FR) 2:00pm Bingo Mania (AC) 3:00pm Grief Support Group (DV) 7:00pm Entertainment Hour with Paddy Myers (FR)</p>	<p>16</p> <p>9:30am Relaxing Music (MT) 10:00am Mahjong (GR) 10:00am Strength Training Exercises (AC) 1:30pm Mani & Mimosas (AC) 2:00pm Bible Studies (AC) 3:00pm Poker (FR) 4:00pm Crossword Puzzles (AC)</p>	<p>17</p> <p>9:30am Relaxing Music (MT) 10:00am Mahjong (GR) 10:30am Embroidery Stritch (AC) 1:30pm Fitness with Alex (FC) 2:00pm Bingo Mania (AC) 3:30pm Armenian Coffee with George (GB) 4:00pm Travel with Rick Steve's (FR)</p> <p>St. Patrick's Day</p>	<p>18</p> <p>9:30am Sensory (AC) 10:00am Video Chair Exercise (AC) 10:00am Mahjong (GR) 10:30am Wellness Walk (FL) 1:00pm 2:00pm Bingo Mania (AC) 4:00pm Bowling (FR)</p>
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